

RSVP Newsletter Volume 11, Issue 2 March - April 2025 IN THIS ISSUE...

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RSVP
Retired & Senior Volunteer Program
Blair and Huntingdon Counties
1-800-323-9997

sponsored by



Thank You AmeriCorps Seniors!

AmeriCorps Seniors help their communities in multiple ways by preparing and delivering meals to homebound individuals, distributing food to those in need, preparing VITA taxes, providing PA MEDI counselor services, doing reassurance calls and referral services, helping with historical education programs, being a companion for residents in nursing homes, responding to emergencies, digitizing historical documents, transporting veterans to medical appointments, helping and escorting patients at medical facilities, and helping at fundraising events. In 2024, AmeriCorps Seniors worked an average of 432 hours per week for a total of 22,476 hours for the year.

The Retired and Senior Volunteer Program (RSVP) would like to give AmeriCorps Seniors a \$25 Sheetz gift card to express appreciation for their services. Thank you, AmeriCorps Seniors, for your dedication, hard work, and generosity. You provide a positive impact for your communities that do not go unnoticed. Your selfless commitment strengthens your community and brings hope to those who need it most. Please know that your contributions are valued, recognized, and deeply appreciated. RSVP couldn't do this without you!

If you are an AmeriCorps Senior that has not received your Sheetz gift card, then please contact the RSVP Project Coordinator, Danielle Ochs, at 814-643-4202 ext. 4202 or dochs@ccaofpa.org.



RSVP Policies and Procedures

RSVP must be in compliance with AmeriCorps terms and conditions, and to do so, RSVP recently created and updated policies and procedures. Below is a list of all policies and procedures for RSVP:

- Breach of PII Policy and Procedure
- Federal Cash Management Policy and Procedure
- Gift Card Policy
- Grievance Procedure
- Grievances, Termination, and Appeal Policy
- Match Policy
- Match Procedure
- Non-Discrimination Policy
- National Service Criminal History Check (NSCHC) Policy
- Prohibited Activities Policy
- Project Assessment Policy

- Reasonable Accommodation Policy and Procedure
- RSVP Grant Measurements
- Station Enrollment Policy and Procedure
- Travel Reimbursement Policy
- Travel Reimbursement Processing Procedure
- Volunteer Data Tracking Procedure
- Volunteer Discontinuation Procedure
- Volunteer Enrollment and Status Policy
- Volunteer Enrollment Procedure
- Volunteer Recognition Policy

If you are interested in looking at any of these policies and procedures, then please contact the RSVP Project Coordinator, Danielle Ochs, at 814-643-4202 ext. 4202 or dochs@ccaofpa.org and a copy will be provided.

Spring into Volunteering!

As the days grow warmer and nature begins to bloom, we welcome the season of renewal, growth, and fresh beginnings. Spring is a time of vibrant colors, longer days, and new possibilities. Below are quiz questions for this wonderful season and the answers to this quiz will be posted in the next RSVP newsletter.

- 1. In the Northern Hemisphere, what date signifies the first day of Spring?
- 2. What does Spring symbolize?
 - a. Reflection
 - b. Celebration
 - c. Rebirth
- 3. On the first day of Spring, it is said that the day and night are exactly what length?
 - a. 12 hour day & 12 hour night
 - b. 10 hour day & 14 hour night
 - c. 16 hour day & 8 hour night
- 4. Is Spring considered the first, second, third, or fourth season of the year?
- 5. In which country do cherry blossom trees signify the beginning of Spring?
 - a. Thailand
 - b. China
 - c. Japan
- 6. What are the Spring months in Australia?
 - a. October to December
 - b. September to November
 - c. January to March
- 7. What Spring flower is often associated with Wales?
 - a. Tulip
 - b. Daffodil
 - c. Lilac
- 8. What are English Spring buns traditionally called?
- 9. True or false? Maple syrup tastes sweetest in Spring.
- 10. What do April showers often bring according to a popular saying?





Answers to New Year to Volunteer! Quiz

Below are Answers to the January/February newsletter quiz:

- 1. What is the number one city in the United States where people go to celebrate New Year's Eve? **New York City, New York**
- 2. Approximately how many people gather in Times Square every year for New Year's Eve?

 Approximately 1 million people
- 3. What year marked the first Times Square New Year's celebration? 1904
- 4. Before the ball dropped in Times Square, how did New York City celebrate? **Times Square first** hosted a New Year's Eve celebration in 1904 with a giant fireworks show but city leaders banned fireworks later
- 5. Yes or No: Does the Time Square ball stay up all year long? Yes
- 6. How many Time Square balls have there been? Seven
- 7. How many colors can the Times Square New Year's Eve Ball display? 16 million colors
- 8. What is written on the confetti that's thrown in Times Square at New Years? People's wishes
- 9. Instead of a ball, what does Miami Florida ring in the New Year with? An orange with sunglasses
- 10. What city drops a giant chocolate kiss on New Year's Eve? Hershey, Pennsylvania
- 11. What famous parade takes place on New Year's Day in Pasadena, California? The Rose Parade
- 12. What's the most popular song associated with New Years? Auld Lang Syne
- 13. What does the popular song titled "Auld Lang Syne" mean in English? **Old long since, long long ago, days gone by, times long past, or old times**
- 14. Who is credited with writing the poem "Auld Lang Syne"? Robert Burns
- 15. Why do some people eat something round (bagels, donuts, etc.) on New Years? The shape of a circle is thought to symbolize good luck and prosperity
- 16. What do people in the Southern United States eat for good luck on New Year's Eve? Black-eyed peas
- 17. True or False: New Year's Day has the highest rate of car thefts on any day of the year. True
- 18. What's the number 1 resolution that people make for the new year? To get healthier (#1 lose weight, #2 eat healthier, #3 exercise more are the top 3 resolutions)
- 19. Which country is it considered good luck to break plates at someone's door on New Years? **Denmark**
- 20. Why was there panic when the year 1999 switched to 2000? Instead of allowing four digits for the year, many computer programs only allowed for two. As a result, there was widespread fear that computers would be unable to operate at the turn of the millennium